

Quilts for Kids Alternate Squares



Quilts
for
Kids

www.quiltsforkids.org

Fabric Requirements:

1 yard of Focus Fabric A for Blocks and Outer Borders

5/8 yard of Fabric B for Alternate Blocks

1/4 yard of Fabric C for Inner Borders

Cutting Instructions:

Fabric A: Cut 3 - 6 1/2" strips by width of fabric (wof). Sub-cut into (15) 6 1/2" squares

Cut 4 - 3 1/2" strips by wof for outer borders

Fabric B: Cut 3 - 6 1/2" strips by wof. Sub-cut into (15) 6 1/2" squares

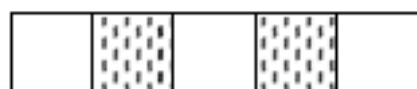
Fabric C: Cut 4 - 1 1/2" strips by wof for inner borders

Assembling the Quilt: Remember - a 1/4" seam allowance is used for all seams. Do not use mono-filament thread to piece or quilt the quilt

1. Sew rows together as shown in the diagrams below:



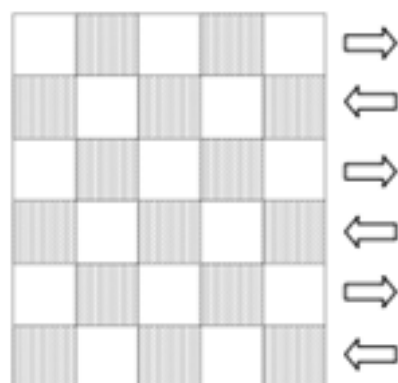
Make 3 rows with 3 print blocks and 2 coordinating blocks



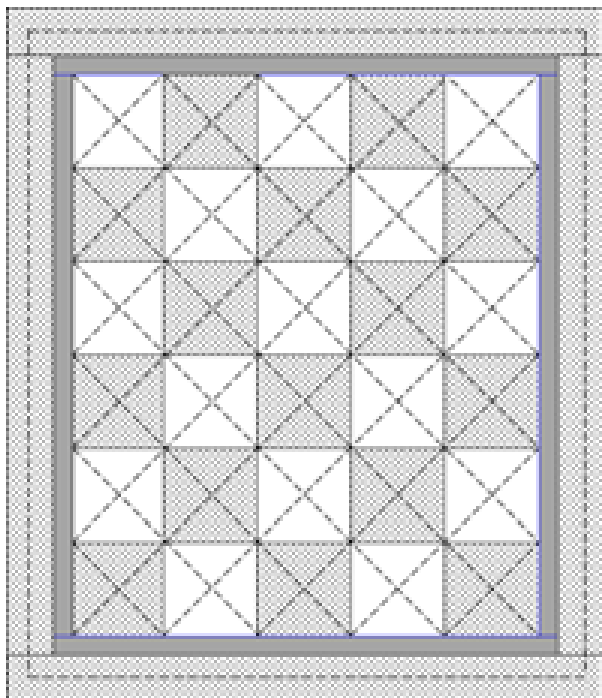
Make 3 rows with 2 print blocks and 3 coordinating blocks

2. Sew the rows together as shown below:

Arrows indicate direction to press seams



3. **A**dd the side inner borders first. Then add the top and bottom inner borders.
4. Add your outer borders in the same manner as the inner borders, first adding the side borders and then adding the top and bottom borders. Your quilt top should look like the diagram below.
5. **Layering the quilt** - Use only 1/8 - 1/4 inch LOWLOFT batting. Baste the quilt layers together then **MACHINE** quilt. Or, you may choose to pillowcase the quilt before quilting. This quilt will be loved and washed a lot so **make sure that there's lots of quilting to hold up to daily hospital washings.** Unless you pillowcased the quilt, bind the quilt **BY MACHINE** using either a traditional binding or fold the backing to the front of the quilt. To use backing as a binding, cut the batting even with the top of the quilt and the backing an inch larger. Double fold backing to front of the quilt and topstitch. **No hand tied quilts.**
6. Wash and dry the completed quilt. Return the finished quilt to the Quilts for Kids table. Your quilt will bring joy to a child in need.



Suggested Straight Line Quilting

We recommend quilting in the ditch horizontally and vertically between all blocks and also diagonally as shown by the dashed lines in the diagram. Don't forget to quilt around the inner border and add some quilting to the outer border.

If desired, you may choose to do an all-over meander or other design.