

# Quilts for Kids Four-Patch Quilt



Quilts  
for  
Kids

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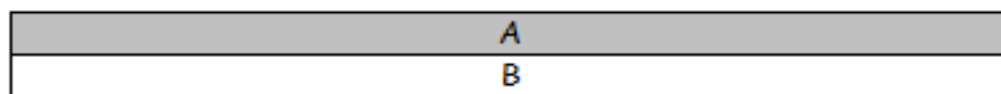
## Your kit should include the following:

- 15 - 6 1/2" squares of focus/print fabric
- 3 - 3 1/2" strips of fabric A
- 3 - 3 1/2" strips of fabric B
- 4 - 1 1/2" strips of Inner Border Fabric
- 4 - 3 1/2" strips of Outer Border Fabric (could be matching or complementary focus fabric)

## Assembling the Blocks: Remember - a 1/4" seam allowance is used for all seams.

The A and B strips are cut the same size as the outer border strips. Please make sure to use the correct strips when assembling the blocks.

1. Sew one A strip and one B strip together to make a strip set as shown below. Press toward the darker fabric. You will make three of these **strip sets**.



2. Cut these strip sets into 30 units that measure 3 1/2" x 6 1/2". Sew these units together to create 15 four-patch blocks that will measure 6 1/2" square.



30 - 3 1/2" x 6 1/2" units



15 - 6 1/2" four-patch blocks

## **Assembling the Quilt:**

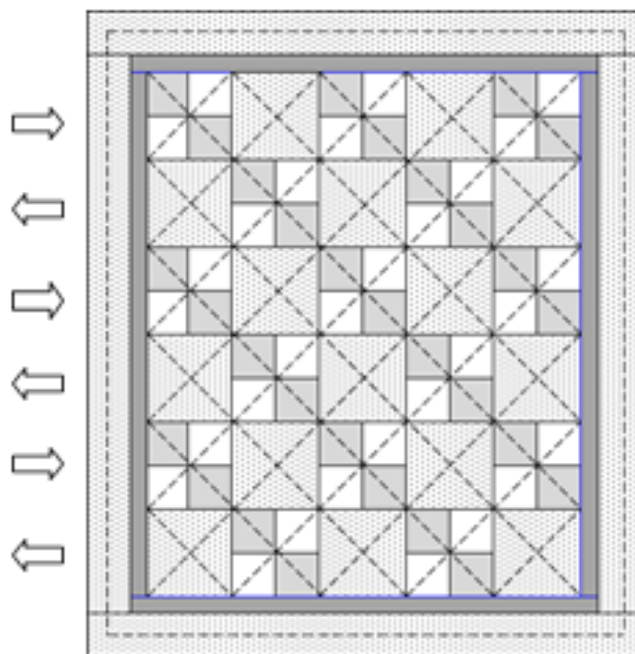
1. After the four-patch blocks are assembled, lay out your blocks alternating them with the 6 1/2" focus fabric blocks in a checkerboard pattern as shown in the diagram on the next page. Make sure your 4-patch blocks are all set in the same direction to create diagonal lines across the quilt.
2. Sew the blocks in each row together and press the seams in the direction indicated in the diagram.
3. Sew rows 1-6 together.

4. Add the side inner borders first. Then add the top and bottom inner borders.
5. Add your outer borders in the same manner as the inner borders, first adding the side borders and then adding the top and bottom borders. Your quilt top should look like the diagram below.
6. **BATTING:** Use only 1/8 - 1/4 inch **LOWLOFT** batting. Baste the quilt layers then **MACHINE** quilt. This quilt will be loved and washed a lot so make sure that there's lots of quilting to hold up to daily hospital washings. Quilt in the borders as well. Bind the quilt as you normally would.

You can "Pillowcase" the quilt before quilting or use traditional binding, or fold the backing to the front of the quilt. To use backing as a binding, cut the batting even with the top of the quilt and the backing an inch larger. Double fold backing to front of the quilt and topstitch. A Zig-Zag stitch will help keep binding edges down so won't snag on I.V. Keep binding on front of the quilt to  $\frac{1}{4}$  to  $\frac{1}{2}$ " wide. No hand tied quilts.

7. Sign the label with a permanent fabric marker. Place label on **BACK** of quilt and machine sew around all four sides.
8. Wash and dry the completed quilt. Your quilt will bring joy to a child in need.

Arrows indicate direction to press seams



### **Suggested Straight Line Quilting**

We recommend quilting in the ditch horizontally and vertically between all blocks and also diagonally as shown in the diagram. Don't forget to quilt around the inner border and add some quilting to the outer border.

If desired, you may choose to do an all-over meander or design.

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